

# THE NANTUCKET CLUB

## CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM YOGA PATRICIA	8:00 AM FULL BODY WORKOUT WENDY	8:15 AM GENTLE YOGA PATRICIA	8:00 AM BARRE FIT SUZANNE	8:15 AM GENTLE YOGA PATRICIA	8:00 AM TABATA SUZANNE	9:00 AM YOGA PATRICIA
	9:00 AM VINYASA PATRICIA		9:00 AM VINYASA PATRICIA		9:00 AM VINYASA PATRICIA	
			5:00 PM YOGA PATRICIA		5:00 PM GENTLE YOGA PATRICIA	



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The Nantucket Hotel  
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and Instagram:  
@thenantucket

All classes are held in the studio  
Contact us at 508-825-2582  
Or [clubmanger@thenantuckethotel.com](mailto:clubmanger@thenantuckethotel.com)