

THE NANTUCKET CLUB

CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30AM YOGA PATRICIA	8:00AM STRENGTH & CONDITIONING Johnathan		8:00AM BARRE SCULPT SUZANNE		8:00AM TABATA SUZANNE	8:30AM YOGA PATRICIA
	9:00AM VINYASA PATRICIA	8:15AM GENTLE YOGA PATRICIA	9:00AM VINYASA PATRICIA	8:15AM GENTLE YOGA PATRICIA	9:00AM VINYASA PATRICIA	10:00AM STRENGTH & STRETCH ELLE
					10/1-10/18	



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The Nantucket Club



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All classes are held in the studio
Contact us at 508-825-2582
Or clubmanger@thenantucket.com