

THE NANTUCKET CLUB

CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00AM VINYASA YOGA PATRICIA	8:00AM STRENGTH & BALANCE JASMINE	8:00AM SCULPT WENDY	8:00AM BURN OUT! JASMINE		8:00AM BODY SCULPTING JASMINE	8:00AM VINYASA YOGA PATRICIA
		9:00AM GENTLE YOGA PATRICIA		9:00AM GENTLE YOGA PATRICIA	9:15AM POWER YOGA PATRICIA	
			5:00PM GENTLE YOGA PATRICIA		5:00PM SCULPT WENDY	



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All classes are held in the studio
Contact us at 508-825-2582
Or clubmanger@thenantuckethotel.com