

# THE NANTUCKET CLUB

## Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8:00 am</b> Vinyasa Yoga Patricia	<b>8:00 am</b> Strength & Balance Jasmine	<b>8:00 am</b> Sculpt Wendy	<b>8:00 am</b> Burn Out! Jasmine		<b>8:00 am</b> Body Sculpting Jasmine	<b>8:00 am</b> Vinyasa Yoga Patricia
		<b>9:00 am</b> Gentle Yoga Patricia		<b>9:00 am</b> Gentle Yoga Patricia	<b>9:15 am</b> Power Yoga Patricia	
			<b>5:00 pm</b> Power Yoga Patricia	<b>5:00 pm</b> Sculpt Wendy		



Like us on Facebook:  
The Nantucket Hotel  
The Nantucket Club  
Winter Membership



and Instagram:  
@thenantucket

All classes are held in the studio.

Contact us at 508-825-2582. Dial 6787

Or [clubmanager@thenantuckethotel.com](mailto:clubmanager@thenantuckethotel.com)